

"Inspiring and insightful, I work with leaders and teams to challenge and support them as they reach success way beyond their current horizon."

Statement of Purpose:

Passionate about supporting and challenging leaders and their teams to create business and personal success

About me:

I am endlessly curious about people and organisations, and bring a compassionate challenge to clients as they become more fully themselves and step up as leaders and teams, creating more harmonious and effective ways of working together.

I have worked in change management and industrial relations in global organisations, grown a successful consultancy from scratch, and now as a coach and facilitator, bring over 30 years wisdom to my work, and love the variety, challenge and independence that this brings me.

Outcomes - What you can expect from our coaching partnership

- The agenda is set and driven with you with me holding you to your aims and aspirations with compassion and tenacity!
- Expanded self awareness and a stronger sense of purpose and identity
- Greater ability to engage emotionally as well as strategically with all stakeholders
- Expanded portfolio of leadership styles and strengths
- A sense of widening choices and sustainable personal growth, through a more mindful approach to decision

Education/certifications

- MA in Modern Languages from Cambridge University
- Qualified Executive Coach by ICF
- Team Coaching accreditation with the Coverdale Organisation
- Clean Language training and systemic
- Master Practitioner, NLP
- Fellow of Royal Society for Arts
- Certified in Third Level Leadeship



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Select Client List

BP

Cambridge University

Enterprise Rent a Car

ExxonMobil

National Grid

Oxford Universitty

Pearson plc

RWE npower

Standard Chartered Bank

Swiss Re

Taylor Wessing

The Crown Estate



Testimonials

AN, Global Consulting Firm - Colleagues observed that I was selling on to existing clients with rigour and success. Coaching helped me to recognise my own strengths at selling; and also gave me a focus for fine tuning my listening and questioning skills. The proof is in the results – I was able to secure £100,000 of business in 10 weeks from two important clients.

PK, City Based IT Executive - Many thanks for your excellent guidance, insight and coaching over the past weeks. I have found the sessions to be extremely enlightening, thought provoking, and the learnings from them will stand me in good stead for years to come.

AC, Entrepreneur, Market Research Consultancy - The approach is both encouraging and supportive, whilst never losing sight of the objectives, therefore ensuring I remain committed to achieving my goal.

TW, Global Engineering Consultancy Firm - Your style and credibility matched up well with our senior team's needs.

AC, Market Research Consultancy - This style of coaching suits the way I think and learn, letting me explore issues fully before closing down and encouraging me towards action.

AW, Pharms Organisation - I appreciate your creative and well structured approach to challenges of personal development and change. Your focus and empathy are very supporting for the process of change. You are a great coach, and a pleasure to work with.